 South Plains Community Action Association

 **Head Start & Early Head Start Division**

Parent Committee Meeting Trainings and Parent Activity Day Trainings

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| Mandatory Topics | Dates and VenueTrainings Offered | Trainer |
| Parenting Skills* Educational and developmental needs
* Activities of Child
* Learning how to share concerns with program staff
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| Family Literacy* Increase access to materials, services, and activities essential to family literacy development.
* Support parent’s role as children's first teacher.
* Parent literacy training that leads to economic self-sufficiency and Financial Literacy
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| Substance Abuse |  |  |
| Child Abuse and Neglect |  |  |
| Domestic Violence |  |  |
| Medical and Dental Education Program* Assets parents in understanding how to enroll and participate in a system of ongoing health care.
* What is a Medical and Dental Homes and How to get Health Insurance.
* Encourages parents to become active partners in their children's medical and dental health care process and to accompany their child to medical and dental examinations and appointments.
* Emergency First Aid
* Occupational and environmental hazards
* Safety practices for use in the classroom and in the home
* Provides parents with the opportunity to learn the principles of preventive medical and dental health.
* General topics (e.g., maternal and child health and the prevention of Sudden Infant Death Syndrome)
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| Nutrition Education Program* Selection and preparation of food to meet families needs
* Management of food budgets
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| Mental Health Education Program* What is Mental Health? And How to discuss your families and child's mental health related issues with teachers and other professionals.
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| Community Advocacy* How do I make my community more responsive to my needs and interest?
* What resources are available in my community? How to use 211.
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| Transitions* Teach Parents to excursive right and responsibilities concerning education of child in school
* Assist parents to communicate with teachers and other school personal.
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